

**Budha Dal Public School, Patiala**  
**First Term Examination (8 September 2023)**

Class - XII

Time - 3 hrs.

Subject – Psychology ( Set - A )

M.M. – 70

**General Instructions-**

- All questions are compulsory except where internal choice has been given.
- Answers should be brief and to the point.
- Question No. 1-15 in Section A are objective type questions carrying 1 mark each. You are expected to answer them as directed.
- Question No. 16-21 in Section B are very short answer type-I questions carrying 2 marks each. Answers to each question should not exceed 30 words.
- Question No. 22-24 in Section C are very short answer type-II questions carrying 3 marks each. Answers to each question should not exceed 60 words.
- Question No. 25-28 in Section D are long answer type-I questions carrying 4 marks each. Answer to each question should not exceed 120 words.
- Question No. 29-30 in Section E are long answer type-II questions carrying 6 marks each. Answer to each question should not exceed 200 words.
- Question No. 31-34 in Section F are based on two cases given. Answer to each 1 mark question should not exceed 20 words. Answer to each 2 marks question should not exceed 30 words.

**Section - A**

- Q1. \_\_\_\_\_ was defined by Binet and Simon as being two mental age years below the chronological age.  
(a) IQ (b) Retardation (c) Talent (d) Giftedness
- Q2. A \_\_\_\_\_ person tends to be antisocial and egocentric.  
(a) Neurotic (b) Introvert (c) Extrovert (d) Psychotic
- Q3. Rajat does not like attending parties and avoid such type of social gatherings, he usually spends his evening time with his books in his library.  
(a) Psychological stress (c) Tangible support  
(b) Social stress (d) Behavioural effects
- Q4. Chances of suicide are highest in Bipolar mood disorder. (True / False)
- Q5. Read the statement and choose the appropriate options.  
Assertion (A) : Many of us drive ourselves ruthlessly towards achieving unrealistic and high standards in achieving our goals. This is a source of psychological stress.  
Reasoning (R) : Conflicts stem from beliefs based on expectations from inside us to ourselves.  
(a) Both (A) and (R) are true and (R) is the correct explanation of (A).  
(b) Both (A) and (R) are true and (R) is not the correct explanation of (A).  
(c) (A) is true but (R) is false.  
(d) (A) is false but (R) is true.

A-1



- Q6. Depression may be due to low activity of \_\_\_\_.  
 (a) GABA (b) Dopamine (c) Serotonin (d) None of the above
- Q7. Rachana regularly abstain from food to religious reasons. Which aspect of the self is she displaying?  
 (a) Self esteem (b) Self confidence (c) Self control (d) Self efficacy
- Q8. \_\_\_\_\_ and performance tests help reduce the culture bias usually associated with intelligence tests.  
 (a) Non verbal (b) Group (c) Individual (d) Verbal
- Q9. Miss Vedita is an outstanding Kathak dancer. Which of Gardner's MI is the most clearly demonstrating when she dances?  
 (a) Naturalistic (b) Linguistic (c) Bodily Kinesthetic (d) Intrapersonal
- Q10. Repetitive speech, communication problems and a strong desire for routine are typical symptoms of \_\_\_\_.  
 (a) Autism spectrum Disorder (b) ODD (c) ADHD (d) PTSD
- Q11. Emotional competence refers to determination of behaviour. (True/ False)
- Q12. The study that focuses on the link between the brain, the mind and the immune system is called \_\_\_\_.
- Q13. Read the statement and choose the appropriate options.  
 Assertion (A) : A psychological test is an objective and standardised measure of an individual's mental or behavioural characteristics.  
 Reasoning (B) : Psychological tests measure psychological attributes such as weight, height, etc.  
 a) Both (A) and (R) are true and (R) is the correct explanation of (A).  
 b) Both (A) and (R) are true and (R) is not the correct explanation of (A).  
 c) (A) is true but (R) is false.  
 d) (A) is false but (R) is true.
- Q14. According to the Indian approach, personality is a combination of \_\_\_\_ Gunas.
- Q15. At what stage of the GAS Model would the person experience burnout?  
 (a) Resistance (b) Alarm reaction (c) Exhaustion (d) All of the above

#### Section - B

- Q16. What is the difference between Eustress and Distress?
- Q17. Define Intelligence.
- Q18. What is Social identity?
- Q19. Explain the features of Abnormality.
- Q20. Explain the Two factor theory of intelligence.
- Q21. Explain the term Frustration.